



May 16, 2023

Raising awareness regarding period poverty and recognizing Period Poverty Awareness Week. **WHEREAS**, period supplies are a necessary product, each month, for millions of people across the country;

**WHEREAS**, national surveys and research studies report that two in five women and girls struggle to secure enough period supplies to meet their needs each month due to a lack of income;

**WHEREAS**, this lack of period supplies, known as period poverty, can adversely affect the health and well-being of menstruators;

**WHEREAS**, period poverty exacerbates the vicious cycle of poverty by forcing menstruators to withdraw from daily life, losing pay or missing educational opportunities;

**WHEREAS**, menstruators struggling with period poverty risk infections by using proxy products – such as socks or toilet paper – or not changing products as often as needed;

**WHEREAS**, the people of Lewisburg recognize that period poverty is a public health issue, and addressing period poverty can lead to economic opportunity for the state's people and communities and improved health for women and girls/menstruators, thus ensuring all people have access to the basic necessities required to thrive and reach their full potential; and

**WHEREAS**, Pennsylvania is proud to be home to trusted community-based organizations and their officers, including Shape of Justice and all their Community Partners, that recognize the importance of period products in ensuring health and providing economic stability and thus distribute period products through various channels;

**NOW, THEREFORE**, I, Kendy Alvarez, Mayor of Lewisburg, do hereby proclaim the week of May 22nd through May 28th, 2023 as

#### PERIOD POVERTY AWARENESS WEEK

In the Borough of Lewisburg, thank the aforementioned period supply project and all our community partners, their staff, volunteers and donors, for their courageous service, and encourage the citizens of [State/City/County] to donate generously to period supply banks, product drives, and those organizations that collect and distribute period products to those struggling with period poverty, so that all of Lewisburg's people can thrive and reach their full potential.