



BOROUGH OF
LEWISBURG
PENNSYLVANIA

MAYORAL PROCLAMATION

“National Walking Day – April 1, 2026”

WHEREAS, putting one foot in front of the other is one of the simplest, most joyful, and most powerful things a person can do for their health — and the Borough of Lewisburg has some pretty great sidewalks to do it on; and

WHEREAS, National Walking Day, celebrated each year on the first Wednesday of April, is a spirited invitation for communities across the country to get up, get moving, and get outside — and Lewisburg intends to answer that invitation with enthusiasm; and

WHEREAS, science (and common sense) confirm that just thirty minutes of walking per day delivers remarkable benefits for overall health and wellbeing, including reducing the risk of serious conditions such as heart disease, cancer, and diabetes — meaning a stroll through town is practically a prescription; and

WHEREAS, walkable communities are intergenerational communities — when our streets, sidewalks, and parks are safe, accessible, and inviting for people of every age, from toddlers taking their first steps to grandparents on their morning constitutional, neighbors of all generations are more likely to encounter one another, look out for one another, and build the kind of social fabric that makes a community truly thrive; and

WHEREAS, the Borough of Lewisburg is fortunate to boast tree-lined historic streets, beautiful waterfront parks, and charming neighborhoods that practically beg to be explored on foot — and we encourage every resident to take full advantage of them; and

WHEREAS, the Borough of Lewisburg is proud to champion a community where walking is not just a mode of transportation but a way of life — connecting neighbors, celebrating place, and keeping Lewisburg the kind of town where you actually want to slow down and look around;

NOW, THEREFORE, I, Kendy Alvarez, Mayor of the Borough of Lewisburg, do hereby proclaim April 1, 2026 as **National Walking Day** in the Borough of Lewisburg and enthusiastically encourage all residents — young, old, and everyone in between — to lace up their shoes, step outside, and take a walk through the wonderful community we share.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the Borough of Lewisburg to be affixed this 21st day of April, 2026.

Kendy Alvarez
Mayor, Borough of Lewisburg
April 21, 2026